

## Mold Test Kit Instructions

### USE TESTING MATERIALS AS SOON AS YOU RECEIVE THEM.

Locate the area or areas you wish to test. Some suggested rooms for testing are areas where you have the most problems with sneezing and/or coughing or the following:

- Kitchen
- Living/Family Room
- Bedroom(s)
- Bathroom(s)
- Playroom(s)
- Office (home & work)
- Basement – In large homes, use 2 plates
- Crawlspace

Do what you normally do. For example, do not turn on the air conditioning unless that is part of your normal activity. However, DO turn the central fan on the heating and air conditioning system in the on position. Do not sweep or vacuum just before the test. Children and pets can continue to be in the areas that are being tested, but do NOT allow them to touch the testing materials.

### ACT NORMALLY!!!

- **Keep the windows closed for six hours prior to testing.**
- Carefully open the testing materials. Do not touch the insides of the test plates.
- Do not place the test plates in DIRECT SUNLIGHT.
- Lift the top straight up. The top is the part without the gelatin in it.
- Without turning it over, place the top beside the test plate.
- Run test one hour.
- DO NOT turn the top upside down.
- Put the top back on the plate.
- Secure the top with tape on each side.
- Write your name, the name of the room tested, and the date on the bottom of the plate with a PERMANENT MARKER.
- Wrap everything in aluminum foil. Put the material into the box it came in.
- Mail test kits to the address in the upper right hand corner.

### Shipping Instructions:

From October thru March:

- Please wait 4 days before shipping your test kits. Keep your test kits in a warm dry area out of direct sunlight. This period of time allows your test kits to grow so they can be properly analyzed.
- **DO NOT leave the test kits in your car, EXTREME cold will ruin your test kits and render them useless.**

From April thru September:

- Please mail your test kits as soon as possible. Keep your test kits in a warm dry area out of direct sunlight.
- **DO NOT leave the test kits in your car, EXTREME heat will ruin your test kits and render them useless.**

If you have any questions, please call ... 865-558-9772